

CAC MUSTANGS FOOTBALL CAMP 2010



FOR: Boys who have completed grade K – 6.

WHEN: Monday, June 7 – Thursday, June 10.

TIME: 8:30 – 11:00 am

WHERE: Mustang Football Practice Fields @ Mustang Mountain

COST: \$60 if received by May 22, 2010. Late registration is \$75.

Campers will be instructed by the High School Football staff of the CAC Mustangs.

Campers will receive instruction in the fundamentals and techniques of football including:

- Position stance & footwork
- Passing
- Receiving and route running
- Pass coverage

Each camper will receive a camp t-shirt.

2010 CAC FOOTBALL CAMP REGISTRATION

Grade completed in 2009-10 school year: _____

Camper's Name: _____

Parent Name: _____

Address: _____

Phone: _____

Emergency Contact (in case unable to reach parents): _____

Name: _____

Phone: _____

Type of Payment (check one):

Cash Check made out to CAC

Shirt Size (check one):

YS YM YL S M L

If the camper has not had a physical examination in the past year, such an exam is recommended.

Is the camper on any special medication that might affect his/her activity? Yes (please explain) No

Is there any reason why the camper should not participate in long periods of exercise?

Yes (please explain) No

Preferred Physician: _____

Phone Number: _____

Preferred Hospital: _____

I understand and agree that my signature releases the camp, CAC and any participating party from liability in the event of injury and/or treatment of an injury, illness or medical problem. My signature also authorizes treatment of an injury or medical problem by trained medical personnel in the event of an emergency. I also understand that Mustang Football Camp/CAC will not carry insurance for any camper and that any costs incurred in the treatment of any injury or medical problem are the camper's responsibility.

Parent Signature _____

Date _____

Return to CAC high school, either elementary campus

OR mail form with payment to:

Central Arkansas Christian School

Attention: Coach Tommy Shoemaker

#1 Windsong Dr.

North Little Rock, AR 72113

Please contact Coach Shoemaker at 758-3160 ext. 188
if you have any questions.

